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## Systemic Coaching at the European School of Varese

- Problems at school? While learning? With classmates? In the family?
- Problems at work? With colleagues?
- Adjustment problems?

"A system is a whole. Every part is connected to each other, so that every change changes the whole. " - Virgina Satir

The aim of Systemic Coaching is to make the personal resources recognizable and tangible.

## About me:

My name is Barbara Lohscheller.

I am born April 21, 1961 in Bocholt, Germany. I have been working as a primary school teacher since 1987 and have decades of experience as a class and subject teacher. Furthermore, I completed a training as a professional dance teacher.

At the European School of Varese, I have been teaching in the German Section for 4 years now. Additionally, I am doing a training as a systemic coach, at the DGSV Remscheid Academy in Germany.

My offer: Individual support, supervised systemic coaching (as part of the training), as many couching sessions as needed.

Contact: If you would like to take advantage of the coaching, please contact me at:

LOHSCHBA@teacher.eursc.eu

Coaching is also possible in English.



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