

DISTANTI MA UNITI

Dear teachers and parents!

The psychologists of the European School Varese are here to support you, answer your questions or simply listen, and help you take care of yourselves and your families.

If you think that you or your children are overwhelmed by the current situation, experiencing fear or anxiety and feel that this is affecting you or your children's lives or sleep, write an email and we will get in touch.

claudia.doerner@partner.eurisc.eu (Deutsch, English)

beatrice.ottin-fasse@partner.eurisc.eu (Italiano, Française)

Dear students!

The psychologists of the European school of Varese and the team of the Sportello d'Ascolto are here to support you, answer your questions or simply listen and help you take care of yourselves.

Are you worried?

Do you have difficulties concentrating?

Are you having trouble sleeping?

Do you fear for your grades?

Do you feel overwhelmed?

Are you anxious about the future?

Contact us!

SPORTELLLO D'ASCOLTO

Hello to all students and colleagues,

We are here if you want to talk. This could be about the current situation, how you feel at home or you just fancy some company 😊. Please feel free to contact one of us via email. We will get in touch with you to organise a time to 'chat'.

Ciao a tutti gli studenti e i colleghi,

Siamo qui se vuoi parlare della situazione attuale, come ti senti a casa o semplicemente scambiare due parole perché vuoi stare in compagnia 😊 Non esitare a contattare uno di noi via e-mail. Ti contatteremo per organizzare un momento di "chat".

Rita Manzini (Italian) rita.manzini@teacher.eurisc.eu

Dirk Bertram (Dutch/English) dirk.bertram@teacher.eurisc.eu

Eftychia Fragkioudaki (Greek/Italian) eftychia.fragkioudaki@teacher.eurisc.eu

Magdalena Tiebel Gerdes (German/Italian) magdalena.tiebel-gerdes@teacher.eurisc.eu

Anabela Canez (French/Italian/English/Portuguese) anabela.canez@teacher.eurisc.eu

Piera Macchi (Italian) piera.macchi@teacher.eurisc.eu

Barbora Haupenthal (English/German/Czech/Slovak) barbora.haupenthal@eursc.eu

Agata Bogdanska (Polish/Italian/English) agata.bogdanska@teacher.eursc.eu

Catalina Dusi (Spanish/Italian/German) catalina.dusi@teacher.eursc.eu

Maria Nowaczyk (English/French) maria-claire.nowaczyk@teacher.eursc.eu

Graziella Digangi (German/Italian/Spanish/English/French) graziella.digangi@eursc.eu

Per il nostro apprendimento a distanza Sportello d'Ascolto continuiamo a collaborare e lavorare a stretto contatto con i nostri psicologi scolastici.

For our distance learning Sportello d'Ascolto we continue to liaise and work closely with our school psychologists.

